



DNA Grow Baby:

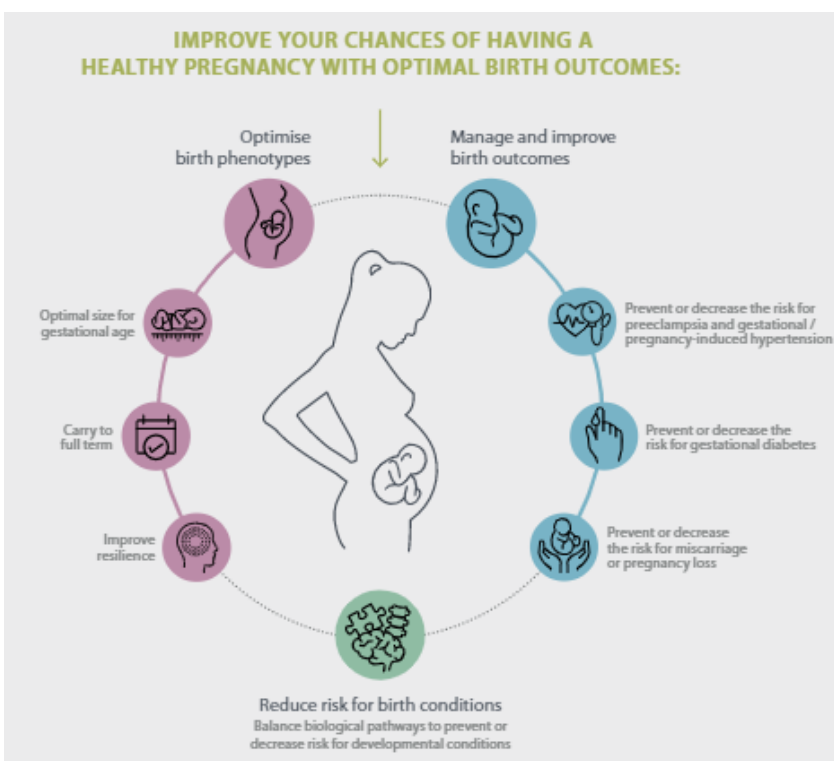
The DNA Grow Baby panel looks at setting the foundation for a healthy pregnancy. This allows for specific and personalised steps from a lifestyle, exercise, food and supplement (bridging nutrients) perspective. Genetic assistance optimises vulnerabilities and strengths, reducing the risk for maternal conditions, as well as improving resilience during pregnancy.

Who should consider this?

- If you are considering falling pregnant
- Currently pregnant
- If you suffer with anxiety, hypertension, or impaired blood glucose levels
- Prior complications in pregnancy

How does it work?

1. I take your swab (no eating/drinking/brushing your teeth an hour before the swab is taken)
2. I send the results off to the lab
3. Once I receive your results (roughly 2 weeks after the swab is taken), I analyse these for you.
4. We will then book a appointment and go through these results together
5. I will create a protocol specific to your genetics



I am a registered practitioner under DNA analysis, which allows me to interpret your genetics to better assist you in optimising your health. If you would like further information please do not hesitate to contact me.

Kind regards
Dr Jess

